Survey: children and young people

Consider asking the questions below, although you may want to adapt them to your context and the age and development stage of the children and young people.

These questions will help you to gauge what technology children and young people use, how frequently they use it and some of the risks they take.

Confidentiality
You may want to ask children and young people to respond to these questions anonymously or in confidence; or you may want to ask for their personal details. Please ensure that you make it clear to them how the information will be used and shared.

Personal details
Age:
Male/Female:

Section 1: Internet and technology use

1. How often do you use the internet? Please include all access, including online gaming and accessing the internet via a mobile.
   - More than 2 hours a day
   - At least once a day
   - 3–4 times a week
   - Once a week
   - Other

2. If you use the internet every day, how many hours on average do you use it for?
   - More than 4 hours per day
   - 3–4 hours
   - 2–3 hours
   - 1–2 hours
   - Less than an hour a day

3. What do you most like to do when you are online?
   - Social networking
   - Gaming
   - Listening to music
   - Sharing photos
   - Watching TV/movie clips
   - Browsing on the web
   - Shopping
   - Using chatrooms
   - Writing blogs
   - Researching
   - Other (please specify)

4. How often do you use the following?

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<th>Per day</th>
<th>Per week</th>
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<tbody>
<tr>
<td></td>
<td>More than 1 hour per day</td>
<td>Up to 1 hour per day</td>
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<tr>
<td>Social networking</td>
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<tr>
<td>Gaming</td>
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<td>Listening to music</td>
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<td>Browsing on the web</td>
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<td>Researching</td>
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<tr>
<td>Other (please specify)</td>
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</tbody>
</table>
5. What devices do you have access to?
   - Tablet
   - Desk top
   - Laptop
   - Mobile phone
   - Games console
   - Other (please specify)

6. How many devices do you own/are yours?
   - None
   - 1
   - 2
   - 3
   - 4
   - More than 4

7. Which device do you use the most?
   - Tablet
   - Desk top
   - Laptop
   - Mobile phone
   - Games console
   - Other (please specify)

Section 2: Risks and issues

1. What do you think are the main risks to children and young people online?

2. Rank the risks below in numerical order, with 1 being the risk that you and/or other people that you know may have experienced most and 7 being the least.
   - Online bullying
   - Talking to strangers
   - Spending too much money
   - Seeing explicit/sexual content
   - Sharing sexual content
   - Seeing violent content
   - Being groomed by an adult online

3. In terms of the risks to children and young people, where do you think most of them take place online?
   - Apps
   - Social networks
   - Blogs
   - Chatrooms
   - Online games
   - Interactive forums

4. Do you feel safe online?
   - Yes
   - No

5. Where online do you feel least safe?

6. Where online do you feel most safe?

7. Have you seen something online in the last year that upset or worried you?
   - Yes
   - No

8. If you have seen something that upset you, what did you do? Tick all that apply.
   - I left the website
   - I reported it online
   - I told an adult
   - I told my parent/carer
   - I ignored it
   - I spoke to my friends
   - I did something else
   - I don’t need to answer because I haven’t seen anything that upset me online
9. Who would you tell if something upsets or worries you online? Tick all that apply.
   • Parent or carer
   • Older brother or sister
   • Other family member
   • Friend
   • Teacher
   • Online support services
   • Police
   • Helpline (ChildLine)
   • Report it on the website
   • No one
   • I don’t know
   • Other adult

Section 3: Education and awareness

1. Has anyone you know talked about staying safe online in the last year?
   • Yes
   • No
   • Don’t know

2. If you answered yes, who talked to you about staying safe online?
   • School
   • Home
   • Other

3. What kind of support did you receive? Tick all that apply.
   • Assembly
   • Lesson from teacher
   • Session from another adult, such as in a youth club
   • Conversations with parents/carers
   • Conversations with other children and or young people
   • Session from the police
   • Other please specify

4. In the last year, have your parents/carers done any of the following? Tick all that apply.
   • Spoken to you about staying safe online
   • Put filters on devices
   • Set time limits for your use
   • Asked older siblings to monitor your posts
   • Made an agreement with you/set boundaries for use

5. Many websites and social networks have privacy settings. In the last year, have you checked your privacy settings?
   • Yes
   • No

6. Are your settings set to public or private?
   • Public
   • Private

7. What key online safety message would you tell another child/young person?